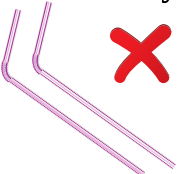


January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Years Day 	2	3  National Trivia Day	4 National Keto Day 
5	6  National Tech Day	7	8 National Bubble Bath Day 	9	10	11 National Vision Board Day National Milk Day
12	13 National Clean Off Your Desk Day	14	15	16  Get To Know Your Customers Day	17	18
19  National Popcorn Day	20  Martin Luther King Jr. Day	21  National Banana Bread Day	22	23	24 National Green Juice Day  National Peanut Butter Day 	25
26	27  National Chocolate Cake Day	28	29	30	31 Inspire Your Heart With Art Day 	



February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						¹ National Dark Chocolate Day 
²	³ Super Bowl LIV 	⁴  World Cancer Day	⁵ World Nutella Day 	⁶ National Frozen Yogurt Day	⁷ National Fettuccine Alfredo Day	⁸
⁹ National Pizza Day 	¹⁰	¹¹ National Make A Friend Day 	¹²	¹³ National Tortellini Day	¹⁴ Valentines Day 	¹⁵
¹⁶ National Almond Day 	¹⁷ Family Day 	¹⁸ Drink Wine Day 	¹⁹	²⁰ National Muffin Day 	²¹	²² National Margarita Day 
²³	²⁴	²⁵ Mardi Gras 	²⁶ National Pistachio Day 	²⁷ National Protein Day 	²⁸ Skip The Straw Day 	²⁹ Leap Day



FEBRUARY 2020



March 2020

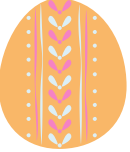
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Peanut Butter Lovers Day	2	3	4	5	6 National Frozen Food Day	7 Cereal Day 
8 International Womens Day Daylight Savings	9	10	11 Registered Dietitian Day 	12 Popcorn Lovers Day 	13  Friday the 13th	14
15	16	17  St. Patrick's Day	18	19	20	21 International Day for the Elimination of Racial Discrimination #IDERD
22	23  National Puppy Day	24	25 Waffle Day 	26	27	28 Earth Hour Day
29	30 National Doctor Day	31 International Transgender Day		National Nutrition Month		Women's History Month



MARCH 2020



April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 April Fool's Day National Walking Day	2 Equal Pay Day 	3	4
5	6	7 National Beer Day  World Health Day	8	9	10 National Sibling Day Good Friday	11 National Pet Day 
12 Easter Sunday 	13	14 National Pecan Day	15 Tax Day 	16	17	18
19	20	21	22 Earth Day 	23  World Book Day	24	25
26	27	28	29	30	Stress Awareness Month	



APRIL 2020

SOCIAL CONTENT CALENDAR



May 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 National Herb Day
3	4 Star Wars Day 	5  Teachers Day	6  National No Diet Day	7	8 National Empanada Day 	9
10	11	12	13 International Hummus Day 	14	15 Pizza Party Day 	16
17 National Walnut Day 	18	19	20	21 Eat More Fruits & Vegetables Day	22	23
24  Asparagus Day	25 Carb Day  Memorial Day	26	27	28	29	30
31						

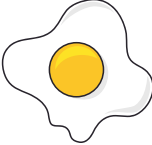


MAY 2020

SOCIAL CONTENT CALENDAR

June 2020

RD
NETWORK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Egg Day 	4 Frozen Yogurt Day 	5 Donut Day 	6  Higher Education Day
7	8  Best Friends Day	9	10	11	12	13
14	15	16  Fresh Veggie Day	17	18 Sushi Day 	19 National Martini Day 	20
21 Fathers Day Yoga Day Selfie Day	22	23	24	25	26	27
28	29	30 Social Media Day		Pride Month		

JUNE 2020

SOCIAL CONTENT CALENDAR

RD
NETWORK

July 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 
5	6	7  World Chocolate Day	8	9	10	11
12	13 Amazon Prime Day 	14	15	16	17	18
19 National Ice cream Day 	20	21	22	23	24  National Tequila Day	25
26  Parents Day	27	28	29	30 International Day of Friendship	31	

JULY 2020



August 2020

Nº	Sun	Mon	Tue	Wed	Thu	Fri	Sat
31							1
32	2	3  Watermelon Day	4	5	6	7	8 Zucchini Day 
33	9  S'mores Day	10 Lazy Day	11	12	13	14	15 Relaxation Day
34	16	17	18	19 Potato Day 	20	21	22 Black Women's Equal Pay Day
35	23	24	25	26	27	28	29
36	30	31 Trail Mix Day 					

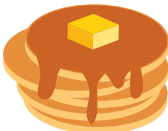


AUGUST 2020





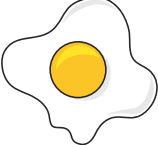
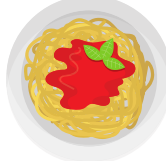
September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 World Wildlife Day 	4 World Sexual Health Day	5 BaconDay  International Day of Charity
6 Read a Book Day 	7 LABOR DAY	8	9	10	11	12
13  Chocolate Day	14	15	16 Guacamole Day 	17	18	19
20	21 International Peace Day 	22	23	24	25	26 Pancake Day 
27	28	29 Coffee Day 	30  International Podcast Day			



SEPTEMBER 2020

October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	National Hispanic Heritage Month			1  Vegetarian Day	2	3
4 Taco Day 	5	6	7	8 Budget Day 	9	10 World Mental Health Day
11 Egg Day 	12	13	14	15	16 Boss Day 	17 Pasta Day 
18	19	20	21	22	23	24
25	26  Pumpkin Day	27	28	29 Oatmeal Day 	30	31  Halloween

RD
NETWORK



November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Savings Ends	2	3 Election Day 	4	5	6 Nachos Day 	7
8 S.T.E.M. Day 	9	10	11 Veterans Day 	12	13 World Kindness Day 	14
15	16	17	18	19	20 Latinx Women's Equal Pay Day	21
22 Cashew Day 	23	24	25	26 Thanksgiving 	27 Black Friday 	28 Small Business Saturday
29	30 Cyber Monday 					



December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Giving Tuesday  World Aids Tuesday	2	3 International Day of Persons with Disabilities #IDPD	4 Cookie Day 	5
6	7 World Pear Day 	8 Brownie Day 	9  International Children's Day	10  Human Rights Day	11	12
13	14	15 Cupcake Day 	16	17	18	19
20	21	22	23	24  Christmas Eve	25  Christmas	26
27	28	29	30	31  New Years Eve		

RD
NETWORK